REGNUM CHRISTI

Accompaniment Guide

Apostolic Dialogue for an RC Group Leader
on the Topic of the Role of the Section Leadership Team

Prepare for your Dialogue:

- Watch the webinar of ongoing formation for Section Leadership Teams (Oct. 15, 2026) on the role of an RC Section Leadership Team.
- Review the role descriptions of the section leadership team and team leader.
- Take some time of prayer to do the Leadership Examen.
- Reflect on your experience.

Apostolic Dialogue Prompts:

1. Update on how you are doing personally and in your role on the section leadership team.
2. Review of action items or points of work and growth from last meeting.
3. What particularly stood out to you regarding the role of the Section Leadership team? What of the mission and principal functions of this role gives you a lot of life and which ones are a challenge?
4. Discuss the results of your leadership examen. Are there specific aspects of the explanation of leadership from the lens of the RC Statutes that stood out to you, or you felt inspired by or called to? Are people becoming more Christ-centered, more apostolic, and more capable of serving others because of your leadership? How is it going in supporting the life and mission of Regnum Christi lay apostles in the section? Discuss this criterion of discernment and how yuse it: Does this decision develop apostles—or simply complete a task?
5. How does your particular role on the section leadership team contribute to fostering RC life, RC mission, and RC apostles? What do you see thriving in your role? What has been a challenge?
6. Identify any areas to grow or specific actions that you feel called to do in your role as a member of the RC Section Leadership Team.
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My Leadership Examen

1. Where am I leading from prayer and where am I leading from pressure?
2. Whom am I personally accompanying?
3. Where am I doing something that another leader should own?
4. Which of the five elements needs more attention in our section?
5. Who is God inviting me to empower next?
6. What is one thing I need to stop doing so that someone else can grow?