

ECYD

FORMATOR

Training Series

FORMING APOSTLES FOR CHRIST

DEAR FORMATOR,

We believe this series will be a powerful tool for you to deepen your understanding of the ECYD charism, enhance your skills as a formator, and grow in your spiritual life as you live out your mission.

Our mission is to collaborate with Christ so that He may reign in the hearts of adolescents and the world (ECYD Statutes #3). As part of the Regnum Christi family, ECYD formators are called to contribute to this mission by forming apostles and Christian leaders among adolescents. It is a privilege to be part of this mission through your unique vocation. We recognize and celebrate your vital role as an ECYD formator!

In this course, you will join a community of formators striving to live the ECYD charism and share Christ's love by accompanying adolescents and building teams of apostles.

We invite you to fully engage with each session of this course. We have witnessed how this formation has transformed not only the way people carry out their mission but also their personal and spiritual lives.

May Jesus continue guiding your journey and transforming your heart.

United in our prayers,
ECYD Life Department, North America

What is it?

A basic course designed to equip ECYD formators with the knowledge, skills, and spiritual foundation to accompany and form adolescents. It explores the ECYD charism, adolescent development, and practical tools for living out the mission of forming Christian leaders.



General Objectives

- Train formators to transmit the ECYD charism and accompany adolescents in their human and Christian growth.
- Foster a deeper encounter with Christ, helping formators align their lives with Him.
- Build a community of ECYD formators who support and learn from one another.
- Deepen understanding of the ECYD mission and the needs of today's adolescents.
- Equip formators to apply their learning in their local ECYD settings.



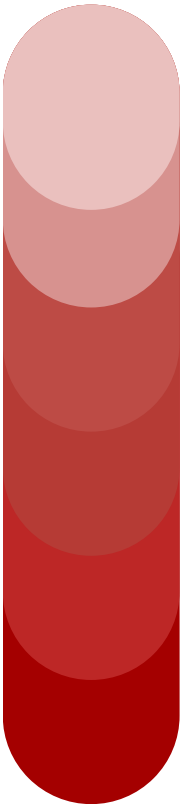
How does it work?

The course is online for modules 1-6 with an in-person module February 5 – 9, 2027. Each module is made up of four sessions. It includes video lectures, readings, cohort discussions, and assignments, with weekly feedback from your instructor. The course concludes with a capstone project.

Formators

You will be assigned to small groups accompanied by an experienced ECYD Formator. Your formator will give you feedback on your assignments and facilitate the small group zoom calls. If you are unable to attend the zoom call in person you can watch the recording and write a paragraph on the insights you gained from it.

Modules



Module 1: The ECYD Charism

Module 2: The Adolescent

Module 3: The ECYD Formator

In Person Module

Module 4: The ECYD Formator in Action

Module 5: ECYD Life

Module 6: The Stages of ECYD Formation

CONTENT



Module 1: The ECYD Charism

Session 1: Introduction to ECYD
Session 2: ECYD Spirituality
Session 3: History
Session 4: Impact of ECYD



Module 2: The Adolescent

Session 1: Physiological Development of Adolescents
Session 2: Identity Formation
Session 3: Masculinity & Femininity
Session 4: Gen Z & Alpha



Module 3: The ECYD Formator

Session 1: ECYD's Vocational Approach
Session 2: 10 Characteristics of the ECYD Formative Style
Session 3: Internal Dynamics & Attitudes for Accompaniment
Session 4: Competencies of an ECYD Formator

IN-PERSON MODULE

Each day focuses on a key competency, integrating knowledge, attitudes, and skills.

DAY 1 CALLED AND GATHERED

Competencies: Transmit the charism lived by the ECYD adolescents, Go out to meet people & Gather together

Sessions:

- Conference and Skills Workshops: ECYD in the North American Territory, Encountering Self, Others, and God, Explaining ECYD to Different Audiences

Evening: ECYD Pledge of Friendship

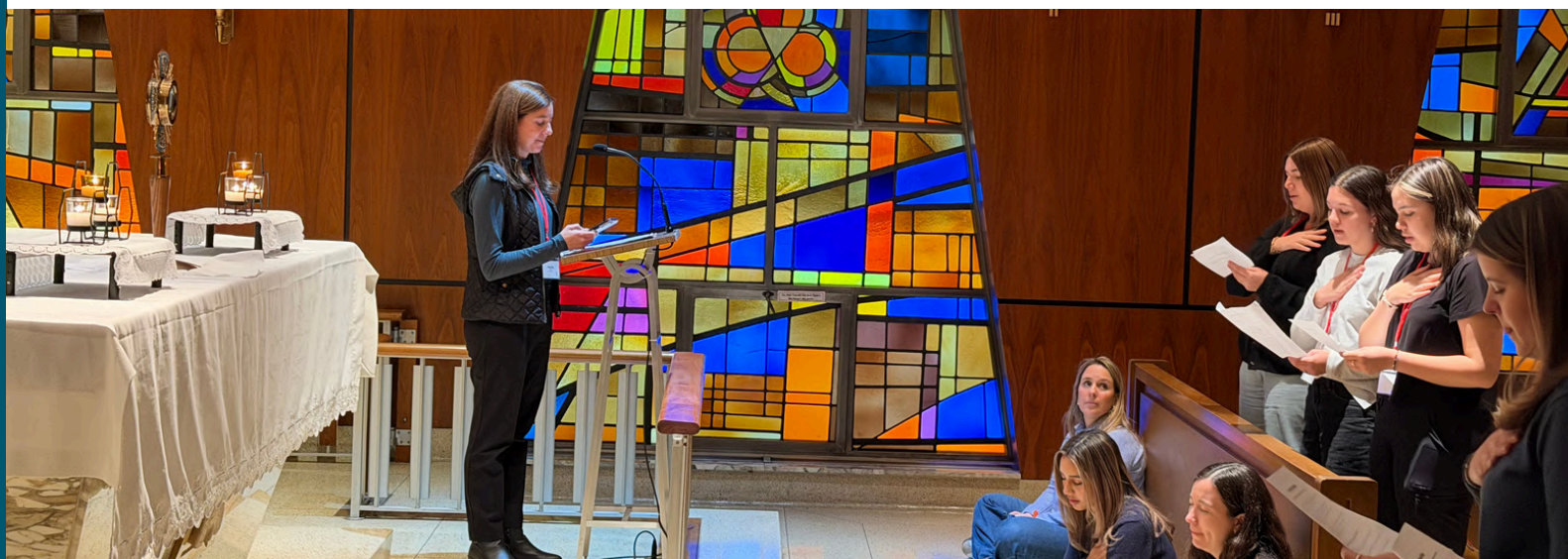
DAY 2 FORMED AND ACCOMPANIED

Competencies: Form apostles and Christian leaders & Accompany

Sessions:

- Conference and Skills Workshops: Safe Environment Training, The 10 Characteristics of ECYD Formation, Accompaniment Workshop, Panel Discussions

Evening: Holy Half-Hour



IN-PERSON

Each day focuses on a key competency, integrating knowledge, attitudes, and skills.

DAY 3 LOVED AND SENT FORTH

Competencies: Revealing the Love of Christ & Sending out
Sessions:

- Morning Retreat: Christ, the Formator of the Apostles
- Conference and Skills Workshops: One-on-One Accompaniment, The Gaze of the Formator

Evening: ECYD Holy Hour

DAY 4 EVALUATIONS & LOCALITY PLANNING

Individual Evaluations & Feedback
Locality Groups: Planning for Implementation
Final Sharing & Commissioning.





Module 4: The ECYD Formator in Action

Session 1: ECYD's Formation Dynamic
Session 2: Designing an ECYD Formation Program
Session 3: Preparing & Delivering Formation
Session 4: Forming & Accompanying ECYD Team Leaders



Module 5: ECYD Life

Session 1: Prayer & Sacramental Life.
Session 2: Team Life
Session 3: Apostolate
Session 4: Accompaniment



Module 6 : The Stages of ECYD Life

Session 1: Helpful elements for ECYD life in Stage 1
Session 2: Helpful elements for ECYD life in Stage 2
Session 3: Helpful elements for ECYD life in Stage 3
Session 4: Helpful elements for ECYD life in Stage 4

CAPSTONE PROJECT

Participants will complete an ECYD Capstone Project!

Each participant will create a summary profile of who they are as an ECYD Formator. This profile will capture the way ECYD responds to needs of adolescents today, concrete needs the formator would like to respond to, the personal strengths and points of growth of the ECYD Formator.

Who is this series designed to help?

All those who are working with youth in any locality under the leadership of other ECYD Formators, who desire to learn more about the charism and how to share it with adolescents. Lay members, consecrated members, and Legionary priests are all invited to join the series. Regnum Christi missionaries will also



When does it begin?

The series opens on September 6th and runs through May, 2027. In-person occurs from February 5 - February 9, 2027.

Where will the in-person module be held?

The entire course is online except for the in-person portion, which is a personal experience with your cohort, prepared for Detroit, Michigan.

What benefit is there to being present for In-person module?

Being in-person allows you to interact with your instructor and with other ECYD Formators who are joining you in learning throughout the year. It is for fun and fellowship, training, and brainstorming with one another and building community!

When does registration open for the ECYD Formators Course?

Registration opens on August 3 and runs through August 16th each year.

How do I apply for the course?

Applications open August 3rd. Link will be available here.

Cost of the ECYD Formator Training Series:

The course is priced at **$199 per individual.**

Each locality has up to four places reserved. The first four people from each locality receive the group rate of $125 each ($500 ÷ 4).
Anyone beyond the first four from the same locality will go on a waiting list. If space becomes available, those people pay the regular rate of $199 each.

Do I have to be present for Residency in order to participate in the ECYD Formators Course?

The Residency program is required to receive the certificate at end of the year.



When does registration open for the In-person portion of the ECYD Formators Course?

Registration opens mid-August for the In-person program.

How do I register for the In-person program?

Anyone who signs up for the ECYD Formator Training Series will recieve a link to the In-person Module.

Cost of In-person Program?

The In-person Program costs ~$600 for registration, lodging, and food for the entirety of the program, once it begins. Transportation costs are at the expense of the individual.

For more information:

Please contact ecydmcprojects@rcfed.org for more information or with questions regarding the ECYD Formator Training Series.

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