RC BASICS



Phase	Theme	Resource Title and Description	Medium	Length	Developer
RC Basics - Live	Live your Faith	An introduction to Spiritual Exercises: Getting the most from your annual retreat	Video Series	Video #1: 15:43 mins Video #2: 14:22 mins Video #3: 26:43 mins Video #4: 20:09 mins Video #5: 16:03 mins Video #5: 14:39 mins	Lisa Alsobrooks, Fr. Stephen Ellis, LC, Janet Lees, Yvonne Nuxoll, Fr. Matthew Summe, LC, Mike Williams
RC Basics - Live	Live your Faith	The Program of Life	Video	1 video: 46:45 mins	Donna Garrett
RC Basics - Live	Live your Faith	The Program of Life for Men	Video	1 video: 20:42 mins	Charlie Bradley
RC Basics - Live	Live your Faith	Spiritual Life	Website Resource		
RC Basics - Live	Build a Personal Formation Plan	Formation	Website Resource	1 video: 19:47 mins	Video by: Fr. John Pietropaoli, LC
RC Basics - Live	Belong to a Regnum Christi Team	Find an RC Team Near Me	Tool		
RC Basics - Live	Belong to a Regnum Christi Team	Team Life	Website Resource	1 video: 51:55 mins	Video by: Fr. Devin Roza, LC
RC Basics - Live	Be an Apostle	Apostolate	Website Resource		
RC Basics - Live	Seek Regular Accompaniment	What Happens during Spiritual Direction	Video	48:09 mins	Maria Brackett
RC Basics - Live	Seek Regular Accompaniment	Receiving and giving Spiritual Direction in the Life of an Apostle and Christian Leaders	Workbook, Videos	Video #1 15:10 mins Video #2 20:29 mins	Charlene Alexander and Fr. Robert Presutti
RC Basics - Live	Seek Regular Accompaniment	Accompaniment	Website Resource		
RC Basics - Learn	Foundations of Spiritual Life	Learning How to Pray: the 4 C's of Meditation	Video	8:50 mins	Fr. John Bartunek, LC
RC Basics - Learn	Foundations of Spiritual Life	The Virtue Driven Life	Book Study		Fr. Benedict J. Groeschel, CFR
RC Basics - Learn	Foundations of Spiritual Life	Fountains of Grace: Donna Garrett, Podcast	Podcast	16 Episodes	Donna Garrett
RC Basics - Learn	Foundations of Spiritual Life	Doctrine of the Eucharist	Online Course	7 sessions, 40 lessons, 4 hours of video content	Augustine Institute

RC Basics - Learn	Foundations of Spiritual Life	4 Cardinal Virtues, 5 sessions	Online Course	6 sessions, 35 lessons, 3.5 hours of video content	Augustine Institute
RC Basics - Learn	Foundations of Spiritual Life	Our Life in Christ	Online Course	8 sessions, 46 lessons, 5 hours of video content	Augustine Institute
RC Basics - Learn	Foundations of Spiritual Life	Prayer and Catholic Spiritualitiy	Oline Course	6 sessions, 38 lessons, 3.5 hours of video content	Augustine Institute
RC Basics - Learn	Know Yourself	Being Human: The Path to a Healthy Identity	Workbook/Video Course		Patricia Camarero
RC Basics - Learn	Know Yourself	Ser Humano: El camino hacia una sana identidad	Workbook/Video Course		Patricia Camarero
RC Basics - Learn	Know Yourself	Being a Woman: Exploring Different Responses to the Question What Does it Mean to be a Woman	Workbook/Video Course		Patricia Camarero
RC Basics - Learn	Know Yourself	Become a Beacon of Hope	Online Course	5 sessions, 6 hours of video content	Dr. Luly Fernandez
RC Basics - Learn	Lay Vocation	Into the Deep: The Spiritual Life of Laity in Regnum Christi	Video	31:05 mins	Mike Williams
RC Basics - Learn	Lay Vocation	The Lay Vocation	Online Course		Lay Mission Project
RC Basics - Learn	Regnum Christi Style	5 Elements of Life in Regnum Christi	Video	13:31 mins	Fr. John Bartunek, LC
RC Basics - Learn	Regnum Christi Style	The First Communities of Missionary Disciples: Lessons from the Bible	Video	51:56 mins	Fr. Devin Roza, LC
RC Basics - Learn	Regnum Christi Style	Leaders yet first followers	Video	44:14 mins, personal reflection questions that go along with the video	Fr. Daniel Brandenburg, LC
RC Basics - Learn	Regnum Christi Style	A Regnum Christi Identity Workshop	Workshop, Participants Guide, Facilitators Guide	Video #1: 0:49 secs Video #2 38:27 mins Video #3 28:01 mins Video #4 23:11 mins Video #5 28:28 mins	Viviana Limon, Fr. Sylverster Heerman, LC, Fr. John Bartunek, LC, Donna Garrett, RC Panel

RC Basics - Learn	Regnum Christi Style	Live the Mystery: The Mystery of the Kingdom	Workshop, Participants Guide, Facilitators Guide	Video #1: 3:57 mins Video #2 27:59 mins Video #3 27:01 mins Video #4 23:11 mins Video #5 23:49 mins Video #6 15:51 mins	Fr. Robert Presutti, LC, Jacquie Lustig, Fr. Jason Smith, LC, Donna Garrett, RC Panel
RC Basics - Learn	Regnum Christi Style	Live the Mystery: Contemplative and Evangelizing	Workshop	Video #1 5:43 mins Video #2 18:51 mins Video #3 29:12 mins Video #4 12:25 mins	Alex Jucera, Christine Doran, Monica Trevino, Fr. Anthony Sortino, LC, Fr. Owen Kearns, LC
RC Basics - Learn	Regnum Christi Style	Essays on the Regnum Christi Charism	Essay		
RC Basics - Learn	Regnum Christi Style	Ecclesial Movements and Communities: The History and Nature of New Movements the Church, and Their Mission in the New Evangeliazation	Book study	63 Pages	Brandon Leahy Fr. James Swanson, LC
RC Basics - Learn	Apostle, Christian, Leader	Identitiy as Apostle and Christian Leader	Video	25:05 mins	Fr. Nathaniel Haslam, LC
RC Basics - Learn	Apostle, Christian, Leader	Accompaniment in Regnum Christi	Video	8:43 mins	Donna Garrett
RC Basics - Learn	Apostle, Christian, Leader	The New Evangelization	Online Course	7 sessions, 40 lessons, 4.5 hours of video content	Augustine Institute
RC Basics - Learn	Apostle, Christian, Leader	The Art of Accompaniment	Book	117 Pages	Catholic Apostolate Center
RC Basics - Learn	Apostle, Christian, Leader	Organized and Effective Leadership in Apostolate	Video	27:48 mins	Fr. Kenneth LeBlanc, LC

RC Basics - Learn	ECYD	ECYD: Meeting the Rest of the Family	Video	Video #1: 9:46 mins Video #2: 11:16 mins Video #3: 6:30 mins Video #4: 5:23 mins Video #5: 11:53 mins Video #6: 9:31 mins	ECYD Life Department
RC Basics - Learn	ECYD	The pledge of friendship with Christ and with each other ECYD: The Regnum Christi Charism lived by adolescents	Essay	36 Pages	
RC Basics - Learn	ECYD	The ECYD Formator	Essay	46 Pages	
RC Basics - Learn	ECYD	Christus Vivit: Christ is Alive	Book Study	20 Pages	Fr. Matthew Schneider, LC