ALL PHASES

RC DISCOVER

Phase	Theme	Resource Title and Description	Medium	Length	Developer
RC Discover - Learn	Regnum Christi Overview	Regnum Christi: One Family 4 Vocations, Detroit Video	Video	5:04 mins	Regnum Christi English
RC Discover - Learn	Regnum Christi Overview	Talk to Me more about Regnum Christi, video about internationality, a group of people sharing the importance of the Movement, Spanish and English	Video	1:49 mins	Regnum Christi International
RC Discover - Learn	Regnum Christi Lay Apostle Overview	The Regnum Christi Charism	Video	2:07 mins	Regnum Christi English
RC Discover - Learn	Regnum Christi Lay Apostle Overview	Discover Regnum Christi: A Discernment Series – Facilitator's Guide	Facilitators guide	10 pages	Regnum Christi North America
RC Discover - Learn	Regnum Christi Lay Apostle Overview	RC Discernment Course – Facilitator's Guide	Facilitators guide	37 pages	Regnum Christi North America
RC Discover - Learn	Regnum Christi Lay Apostle Overview	RC Men's Introduction Session	Video, PowerPoint, & notes for PowerPoint	16:36 mins	Regnum Christi English

RC BASICS

Phase	Theme	Resource Title and Description	Medium	Length	Developer
RC Basics - Live	Live your Faith	An introduction to Spiritual Exercises: Getting	Video Series	Video #1: 15:43 mins	Stephen Ellis, LC, Janet
RC Basics - Live	Live your Faith	The Program of Life	Video	1 video: 46:45 mins	Donna Garrett
RC Basics - Live	Live your Faith	The Program of Life for Men	Video	1 video: 20:42 mins	Charlie Bradley
RC Basics - Live	Live your Faith	Spiritual Life	Website Resource		
RC Basics - Live	Build a Personal Formation Plan	Formation	Website Resource	1 video: 19:47 mins	Video by: Fr. John Pietropaoli, LC
RC Basics - Live	Belong to a Regnum Christi Team	Find an RC Team Near Me	Tool		
RC Basics - Live	Belong to a Regnum Christi Team	Team Life	Website Resource	1 video: 51:55 mins	Video by: Fr. Devin Roza, LC
RC Basics - Live	Be an Apostle	Apostolate	Website Resource		
RC Basics - Live	Seek Regular Accompaniment	What Happens during Spiritual Direction	Video	48:09 mins	Maria Brackett
RC Basics - Live	Seek Regular Accompaniment	Receiving and giving Spiritual Direction in the Life of an Apostle and Christian Leaders	Workbook, Videos	Video #1 15:10 mins Video #2 20:29 mins	Charlene Alexander and Fr. Robert Presutti

RC Basics - Live	Seek Regular Accompaniment	Accompaniment	Website Resource		
RC Basics - Learn	Foundations of Spiritual Life	Learning How to Pray: the 4 C's of Meditation	Video	8:50 mins	Fr. John Bartunek, LC
RC Basics - Learn	Foundations of Spiritual Life	The Virtue Driven Life	Book Study		Fr. Benedict J. Groeschel, CFR
RC Basics - Learn	Foundations of Spiritual Life	Fountains of Grace: Donna Garrett, Podcast	Podcast	16 Episodes	Donna Garrett
RC Basics - Learn	Foundations of Spiritual Life	Doctrine of the Eucharist	Online Course	7 sessions, 40 lessons, 4 hours of video content	Augustine Institute
RC Basics - Learn	Foundations of Spiritual Life	4 Cardinal Virtues, 5 sessions	Online Course	6 sessions, 35 lessons, 3.5 hours of video content	Augustine Institute
RC Basics - Learn	Foundations of Spiritual Life	Our Life in Christ	Online Course	8 sessions, 46 lessons, 5 hours of video content	Augustine Institute
RC Basics - Learn	Foundations of Spiritual Life	Prayer and Catholic Spiritualitiy	Oline Course	6, sessions, 38 lessons, 3.5 hours of video content	Augustine Institute
RC Basics - Learn	Know Yourself	Being Human	Workbook/Video Course		Patricia Camarero
RC Basics - Learn	Know Yourself	Ser Humano: El camino hacia una sana identidad	Workbook/Video Course		Patricia Camarero
RC Basics - Learn	Know Yourself	Being a Woman: Exploring Different Responses to the Question What Does it Mean to be a Woman	Workbook/Video Course		Patricia Camarero
RC Basics - Learn	Know Yourself	Become a Beacon of Hope	Online Course	5 sessions, 6 hours of video content	Dr. Luly Fernandez
RC Basics - Learn	Lay Vocation	Into the Deep: The Spiritual Life of Laity in Regnum Christi	Video	31:05 mins	Mike Williams
RC Basics - Learn	Lay Vocation	The Lay Vocation	Online Course		Lay Mission Project
RC Basics - Learn	Regnum Christi Style	5 Elements of Life in Regnum Christi	Video	13:31 mins	Fr. John Bartunek, LC
RC Basics - Learn	Regnum Christi Style	The First Communities of Missionary Disciples: Lessons from the Bible	Video	51:56 mins	Fr. Devin Roza, LC
RC Basics - Learn	Regnum Christi Style	Leaders yet first followers	Video	44:14 mins, personal reflection questions that go along with the video	Fr. Daniel Brandenburg, LC
RC Basics - Learn	Regnum Christi Style	A Regnum Christi Identity Workshop	Workshop, Participants Guide, Facilitators Guide	Video #1: 0:49 secs Video #2 38:27 mins Video #3 28:01 mins Video #4 23:11 mins Video #5 28:28 mins	Viviana Limon, Fr. Sylverster Heerman, LC, Fr. John Bartunek, LC, Donna Garrett, RC Panel
RC Basics - Learn	Regnum Christi Style	Live the Mystery: The Mystery of the Kingdom	Workshop, Participants Guide, Facilitators Guide	Video #1: 3:57 mins Video #2 27:59 mins Video #3 27:01 mins Video #4 23:11 mins Video #5 23:49 mins Video #6 15:51 mins	Fr. Robert Presutti, LC, Jacquie Lustig, Fr. Jason Smith, LC, Donna Garrett, RC Panel

RC Basics - Learn	Regnum Christi Style	Live the Mystery: Contemplative and Evangelizing	Workshop	Video #1 5:43 mins Video #2 18:51 mins Video #3 29:12 mins Video #4 12:25 mins	Alex Jucera, Christine Doran, Monica Trevino, Fr. Anthony Sortino, LC, Fr. Owen Kearns, LC
RC Basics - Learn	Regnum Christi Style	Essays on the Regnum Christi Charism	Essay		
RC Basics - Learn	Regnum Christi Style	Ecclesial Movements and Communities: The History and Nature of New Movements the Church, and Their Mission in the New Evangeliazation	Book study	63 Pages	Brandon Leahy Fr. James Swanson, LC
RC Basics - Learn	Apostle, Christian, Leader	Identitiy as Apostle and Christian Leader	Video	25:05 mins	Fr. Nathaniel Haslam, LC
RC Basics - Learn	Apostle, Christian, Leader	Accompaniment in Regnum Christi	Video	8:43 mins	Donna Garrett
RC Basics - Learn	Apostle, Christian, Leader	The New Evangelization	Online Course	7 sessions, 40 lessons, 4.5 hours of video content	Augustine Institute
RC Basics - Learn	Apostle, Christian, Leader	The Art of Accompaniment	Book	117 Pages	Catholic Apostolate Center
RC Basics - Learn	Apostle, Christian, Leader	Organized and Effective Leadership in Apostolate	Video	27:48 mins	Fr. Kenneth LeBlanc, LC
RC Basics - Learn	ECYD	ECYD: Meeting the Rest of the Family	Video	Video #1: 9:46 mins Video #2: 11:16 mins Video #3: 6:30 mins Video #4: 5:23 mins Video #5: 11:53 mins Video #6: 9:31 mins	ECYD Life Department
RC Basics - Learn	ECYD	The pledge of friendship with Christ and with each other ECYD: The Regnum Christi Charism lived by adolescents	Essay	36 Pages	
RC Basics - Learn	ECYD	The ECYD Formator	Essay	46 Pages	
RC Basics - Learn	ECYD	Christus Vivit: Christ is Alive	Book Study	20 Pages	Fr. Matthew Schneider, LC

RC CORE

Phase	Website Title	Resource Title and Description	Medium	Length	Developer
Rc Core - Learn	Relationship with God	Discernement of Spirits	Podcast	16 episodes, 30 mins each	Fr. Timothy Gallagher
Rc Core - Learn	Relationship with God	Finding God in All Things: The Examen Prayer	video	14:51 mins	Fr. John Bartunek, LC
Rc Core - Learn	Relationship with God	A Catholic Vision of Spiritual Maturity: A coherent and integrated vision of the different elements involved in growing to spiritual maturity	Online Course	4 lessons, 6-10 recorded presentations each lesson, ranging from 15-30 mins each	Fr. John Bartunek, LC
Rc Core - Learn	Relationship with God	Lumen Fedei: The Light of Faith	Study Guide	18 Pages	Fr. James Swanson, LC

Rc Core - Learn	Relationship with God	Gaudete et Exsultate: On The Call to Holiness in Today's World	Study Guide	12 Pages	Fr. Matthew Schneider, LC
RC Core - Learn	Relationship with God	Letting God Behold You: Course on Mental Prayer	Online Course	15 videos, ranging 2-16 mins each	Fr. Jason Smith, LC
Rc Core - Learn	Relationship with	Spiritual Discernment	Online Course	5 modules, 12 lesssons, about 35	Fr. Robert, Presutti, LC
Rc Core - Learn	Essentials of the Catholic Faith	Celebrating the Chrisitan Mystery: An Introduction to Liturgy and the Sacraments	Online Course	22 videos, ranging 7mins-72mins each	Fr. Nikola Derpich, LC
Rc Core - Learn	Essentials of the Catholic Faith	What we Profess, An Introduction to the Catechism, Faith, and the Creed	Online Course	21 videos, ranging 7-15 mins each	Jennifer Ristine
Rc Core - Learn	Essentials of the Catholic Faith	Society and Spirituality: A Practical Overview of Catholic Social Teaching	Online Course	6 Lessons, 14 video lectures ranges between 2-25mins each	Fr. John Bartunek, LC
Rc Core - Learn	Essentials of the Catholic Faith	The Church and the Sacraments	Online Course	5 Sessions, 45 lessons, 4.5 hours of video content, $59 for course	
Rc Core - Learn	Essentials of the Catholic Faith	The Catechism in a Year	Podcast	1 per day, length ranges between 10-25 mins each	Ascension Press, Fr. Mike Schmitz
Rc Core - Learn	Scripture and Salvation History	Women of the Bible I: Old Testament	Podcast	9 Episodes, 1 hour each	Monica Trevinio
Rc Core - Learn	Scripture and Salvation History	Women of the Bible II: New Testament	workbook/video course	Intro: 63:23 mins Video #1: 61:49 mins Video #2: 62:29 mins Video #3: 56:37 mins Video #4: 61:35 mins Video #5: 66:50 mins Video #6: 66:03 mins Video #7: 63:40 mins Video #8: 53:14 mins	Monica Trevinio
Rc Core - Learn	Scripture and Salvation History	The Bible Timeline: The Story of Salvation	Online Course	24 sessions, 50 mins each	Ascension Press: Jeff Cavins, Sarah Christmyer, Tim Gray
Rc Core - Learn	Scripture and Salvation History	The Eucharist and the Bible	Online Course	45 lessons, 4.5 hours of content	Augustine Institute
Rc Core - Learn	Scripture and Salvation History	The Bible in a Year	Podcast	1 per day, length ranges between 15-45 mins each	Ascension Press, Fr. Mike Schmitz
Rc Core - Learn	Scripture and Salvation History	Understanding the Scriptures	Textbook	560 Pages	Midwest Theological Forum: Scott Hahn
Rc Core - Learn	Scripture and Salvation History	The History of the Church	Textbook	832 Pages	Midwest Theological Forum: Peter V. Armenio
Rc Core - Learn	Mission and Communion	The Mind of Benedict XVI: A theology of Communion	book	368 Pages	Word on Fire: Richard Diclue
Rc Core - Learn	Magisterium Today	Amoris Laetitia	Study Guide	24 Pages	Fr. Matthew Schneider, LC
Rc Core - Learn	Magisterium Today	Luvenescit Ecclesia: The Church Rejuvenates	Study Guide	16 Pages	Fr. Martin Connor, LC
Rc Core - Learn	The New Evangelization	Evangelii Gaudium: The Joy of the Gospel	Study Guide	39 Pages	Fr. James Swanson, LC

Rc Core - Learn	Team	Working Genius	Assessment		Patrick Lencioni
Rc Core - Learn	Team	The Five Dysfunctions of a Team	Book	229 Pages	Patrick Lencioni
Rc Core - Learn	Team	The Ideal Team Player	Book	240 Pages	Patrick Lencioni
Rc Core - Learn	Team	A Pastoral Approach to Teams	Video	1:24:30 mins	Kurt Klement
Rc Core - Learn	Team	A Theological Approach to teams	video	50:07 mins	Fr. Robert Persutti, LC
Rc Core - Learn	Team	Playbook Building a Leadership Team			
Rc Core - Learn	Relational Skills	Crucial Conversations: Training with Regnum Christi Examples	Video series		Naoise Johnston, Katie Lundstrom, DMU, Fr. Robert Persutti, or Janet Lees?
Rc Core - Learn	Relational Skills	Listening Modeled after Jesus	Video	45:36 mins	Fr. Robert Persutti, LC
Rc Core - Learn	Leadership Training	Preaching Christ the Apostle	Video	10:44 mins	Fr. Jorge Obregon, LC
Rc Core - Learn	Leadership Training	Evangelizing those with a particular responsibility in society	Video	20:15 mins	Fr. Scott Reilly, LC
Rc Core - Learn	Leadership Training	The Art of Adaptive Leadership in changing situation	video	26:20 mins, discussion questions that go along with it	Fr. Nathaniel Haslam, LC
Rc Core - Learn	Leadership Training	The Leadership Challenge	Online Course	7 Modules, 7 videos ranging 7-15 mins each	Katie Lundstrom
Rc Core - Learn	Leadership Training	Christian Reflections on the Leadership Challenge	Book study	28 Pages	Naoise Johnston
Rc Core - Learn	Leadership Training	The Art of Leadership is not what you think	Video	1:03:31 mins	Pat Lencioni
Rc Core - Learn	Leadership Training	At the Table	Podcast	237+ episodes, new episodes weekly	Patrick Lencioni
Rc Core - Learn	Leadership Training	Christian Reflections on the Leadership Challenge Book	Book	176 Pages	Kouzes Pozner
Rc Core - Learn	Personal Mission	Discovering your mission of personal journey of apostolic renewal	workbook/podcast	32 episodes, length ranges 4mins-12 mins each Workbook: 46 pages	Patricia Leitz/Maria Knuth

RC HORIZONS

Title	Website Title	Resource Title and Description	Medium	Length	Developer
RC Horizons - Live	Facilitate an RC Deep Dive	RC Deep Dive Overview	PDF	5 pages	Regnum Christi English
RC Horizons - Learn	Give your Faith	Apologetics	Online Course	Intro: 10:30 mins Video #1: 6:36 mins Video #2: 40:46 mins Video #3: 27:30 mins Video #4: 23:24 mins Video $5: 13:00 mins	Fr. Michael Baggot, LC
RC Horizons - Learn	Give your Faith	Surprised by Truth	Book study		Patrick Madrid
RC Horizons - Learn	Give your Faith	From Atheism to Catholicism	Book	Book: 144 pages	Marcus Grodi
RC Horizons - Learn	Formation of Formators	Resilence as an Apostle Christian Leader	video	19:57 mins, persona reflection questions that go along with it	Meredith Olson

RC Horizons - Learn	Formation of Formators	Spiritual Direction Certificate in the Catholic Christian Tradition	Course		Divine Mercy University
RC Horizons - Learn	Formation of Formators	The Art of Mentorship	Workbook	46 pages	The Catholic Apostolate Center
RC Horizons - Learn	Formation of Formators	Mystery of Accompaniment	Audio	Video #1: 23:47 mins Video #2: 36:10 mins Video #3: 15:01 mins Video #4 42:16 mins	Various RC Members
RC Horizons - Learn	Recommended Reading	Contemplative Provocations	Book	200 pages	Fr. Donald Haggerty
RC Horizons - Learn	Recommended Reading	Contemplative Hunger	Book	259 pages	Fr. Donald Haggerty
RC Horizons - Learn	Recommended Reading	Contemplative Enigmas	Book	288 pages	Fr. Donald Haggerty