REGNUM CHRISTI

YOUNG ADULT FORMATORS' CONVENTION 2025

PERSONAL ACCOMPANIMENT & GROWTH OF RC APOSTLES

TEAM DIALOGUE AND APOSTOLIC DIALOGUE

PRINCIPLE OF THE APOSTOLIC ACTION: ACCOMPANIMENT

“Accompaniment is required to form convinced apostles who aspire to the fullness of life in Christ. Accompaniment is understood as close, stable personal attention marked by selfless service. It seeks to help the other be open to the action of grace and contribute their own human collaboration, so they can respond to the questions and challenges they encounter on their journey of human and spiritual growth.”

SRCF 35.1

STYLE OF EVANGELIZATION

Accompaniment (see Statutes of the Regnum Christi Federation 35 §1) is a responsibility shared by the lay member, who should seek it, and Regnum Christi, which should offer it. This accompaniment is realized especially in personal and sacramental attention, team life, and apostolic formation and follow-up.

RL 11

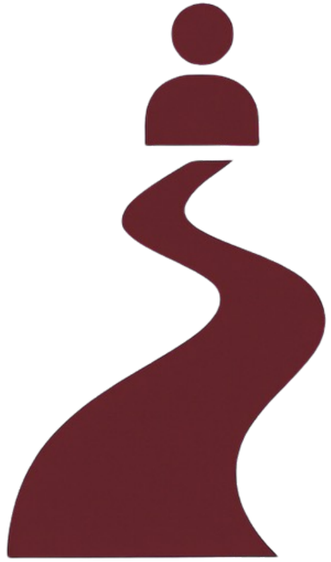
Style of Evangelization

BROAD

All RC Members
as an apostolic priciple of action

VS.

NARROW



All RC Formators
as an element of Regnum Christi Life

ELEMENT OF REGNUM CHRISTI LIFE:

WHAT YOUR ROLE AS FORMATORS IS IN OFFERING ACCOMPANIMENT

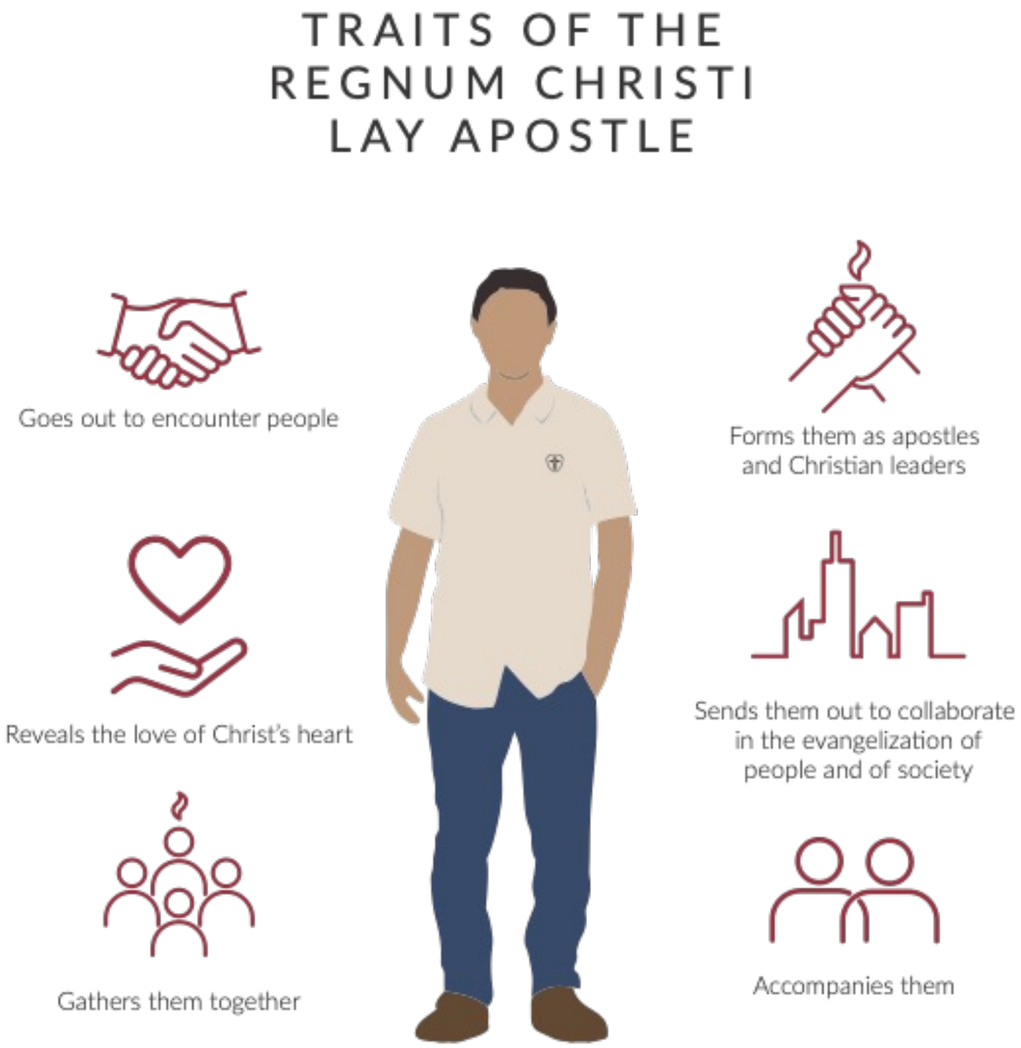
- **Team Dialogue**
- **Apostolic Dialogue**

PERSON TO PERSON

“Christ not only preached to the multitudes, but he also went out to encounter each person where they were. Therefore, members of the federated institutions and the associated faithful give priority to activities and ways of carrying them out that favor personal contact.”
SRCF 34.

- God is a personal God - modeling the way we encounter others
  - John 4:4-42 - Jesus encountering the woman at the well
  - Luke 19: 1-10- Jesus encounters Zacchaeus

THE CONTEXT OF TEAM DIALOGUE

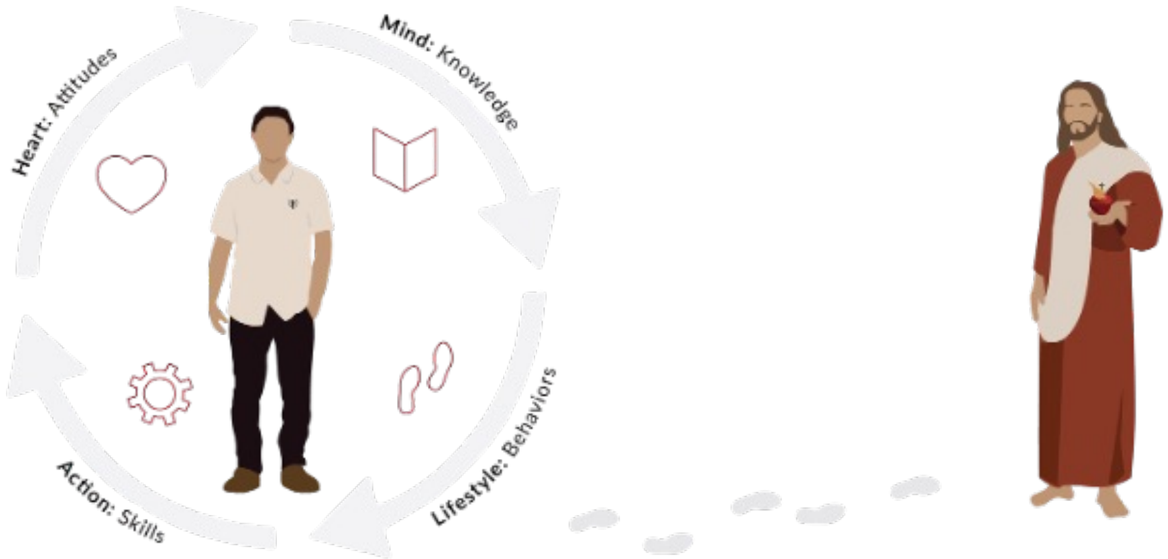


THE REGNUM CHRISTI TEAM

The team is the natural setting for formation to develop (Cf. RL #14). The team leader accompanies each individual on their process of formation; but also, the team as a community of apostles accompany each other in their journey of formation together (Cf. RL #14 and 30).

ACCOMPANIMENT OF THE MEMBER

THE JOURNEY TO CHRIST



THE TEAM LEADER

Transformation into Christ does not happen overnight but occurs gradually. The Team Leader should be familiar with the different opportunities and formative moments that are available in the section, the locality where applicable and or the diocese to support this transformation.

BEING AN APOSTLE

9. Lay members of Regnum Christi ardently seek to establish and extend the Kingdom of Christ among all people. They let themselves be permeated by Christ's charity towards humanity and bring their apostolic zeal to life through intimate contact with him. They long for Christ to conquer their own souls and the souls of all those around them. Impelled by the Holy Spirit and in the style of St. Paul, they endeavor to be supernatural in their aspirations, magnanimous of heart, audacious in self-giving, tenacious in the face of difficulties, and practical and effective in action. They seek to transform the world in Christ. Their motto is, "Christ our King. Thy Kingdom Come!"

RL #9

RL #9

1. º seek to encounter Christ daily in prayer, and to witness to him in the various circumstances of life;

2. º in living their lay vocation, they make it their first priority to live their family life and the duties of their state in life, enlightened by the Word of God and Church teaching;

3. º seek to engage others in the concrete realities of their lives to proclaim the Gospel to them and invite them to participate in Christ's mission;

4. º take on their responsibility as lay faithful to bring the light of the Gospel into the public, cultural, economic, political, academic and social arenas of life. They also seek to awaken the apostolic commitment of different kinds of leaders in the world, so they live their ethical and religious convictions more coherently.

5. º start and participate in apostolic initiatives and works, according to their possibilities;

6. º seek to participate in parish and diocesan life, contributing the Regnum Christi charism to the local Church;

7. º desire to share with others the gift of God they have discovered in Regnum Christi. So they introduce and invite others to Regnum Christi, and accompany those who show an interest in getting to know it, or in participating in its spirituality and mission

FORMATION

Rule of Life #7

- §1. Lay members of Regnum Christi assume personal responsibility for their own formation.

- §2. The competent Federation authority must establish a formation plan that offers them objectives, guidelines and means.

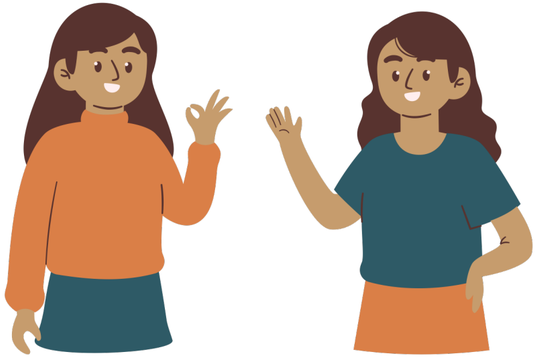
TEAM DIALOGUE

What it is NOT

•Team Dialogue is not spiritual direction

•Team Dialogue is not a check list of questions assessing the performance of a team member.

FORUMS OF DIALOGUE



TEAM DIALOGUE

What it is:

- Built on a relationship - *“…as a friend and brother or sister on their journey of their personal and apostolic growth” - RL 13*

- An opportunity to speak one on one with each member entrusted to your care about their life in Regnum Christi and show how much you value the member

- It is important to keep in mind that life in Regnum Christi cannot be limited to a series of means, activities or regular meetings. It is above all a loving relationship with Christ in the Church, that imprints on us a particular style of Christian life and urges us to do apostolate according to each person’s circumstances and possibilities, using the means that God gives each one.

TYPES OF TEAM DIALOGUE

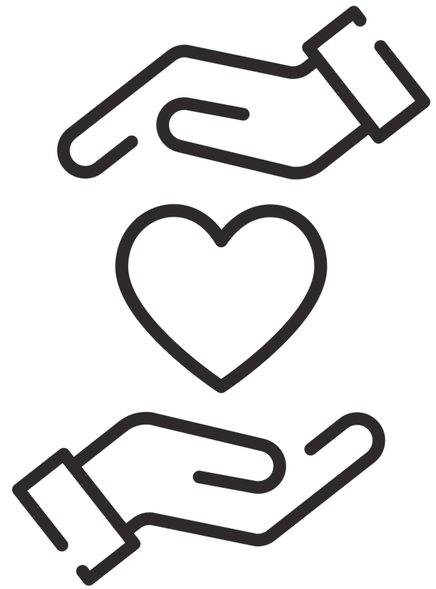
Formal

- Particular topic:
  - Regnum Christi identity
  - Formation
  - Spiritual Life
  - Team life
  - Accompaniment
  - Apostolate

Informal

- Catch up on work, family, relationships, life in general
- Friendship based

APOSTOLIC DIALOGUE



- The accompaniment of that person as an apostle in their exercise of their apostolate
- Practical and personal
  - *How's the work? How are they doing?*
- Centers around the work itself and what this person is doing within the work
- The nature of the meeting is growth of the apostle themselves and around the action plan/ program for the apostolate itself

EXAMPLES APOSTOLIC DIALOGUE

- Group Leader or the Section director has apostolic dialogue with the team leader
- Mission director/coordinating missions having one-on-one with each of the core team members

WORKSHOP EXPLANATION

PERSONAL REFLECTION

10 mins

Reflect on the questions provided beginning on page 33 (separate questions for the RC Team Leader and the RC Formator)

SMALL GROUP DISCUSSION

10 mins

Share challenges and experiences with your small group and listen for approaches that might help you better accompany and empower your peers in these areas

ROLE PLAY

10 mins

Pick two people and model team or apostolic dialogue

REGNUM
CHRISTI