REGNUM CHRISTI

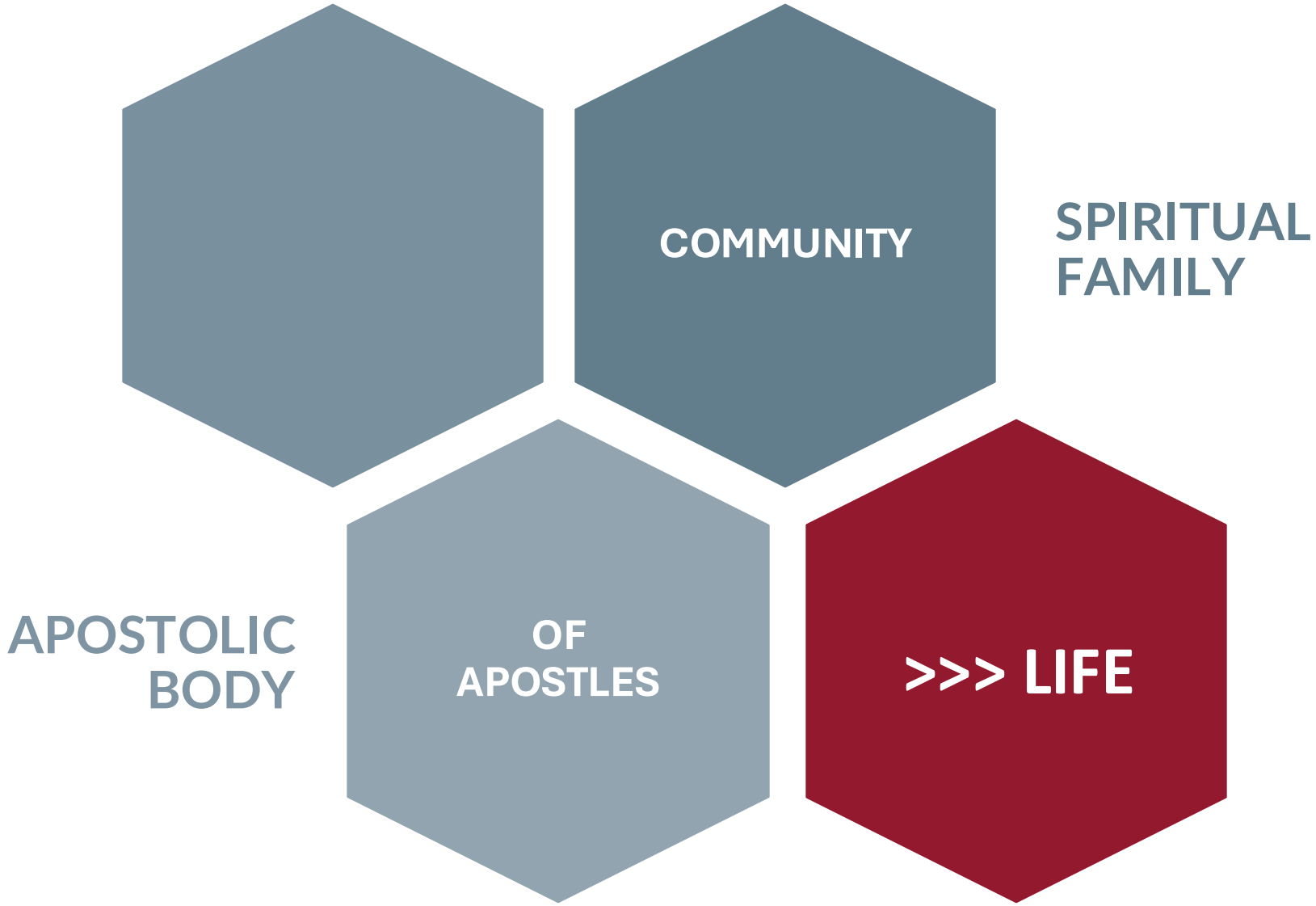
FORMING A COMMUNITY OF APOSTLES:

Exploring Team Life

What is Regnum Christi?

REGNUM CHRISTI

SRCF 3



- SRCF 3: "The Legionaries of Christ, the Consecrated Women, the Lay Consecrated Men, their members and the other faithful individually associated with the Federation, belong to Regnum Christi, a spiritual family and apostolic body."
- We are one family with a shared mission
- 4 Different vocations, 1 shared charism

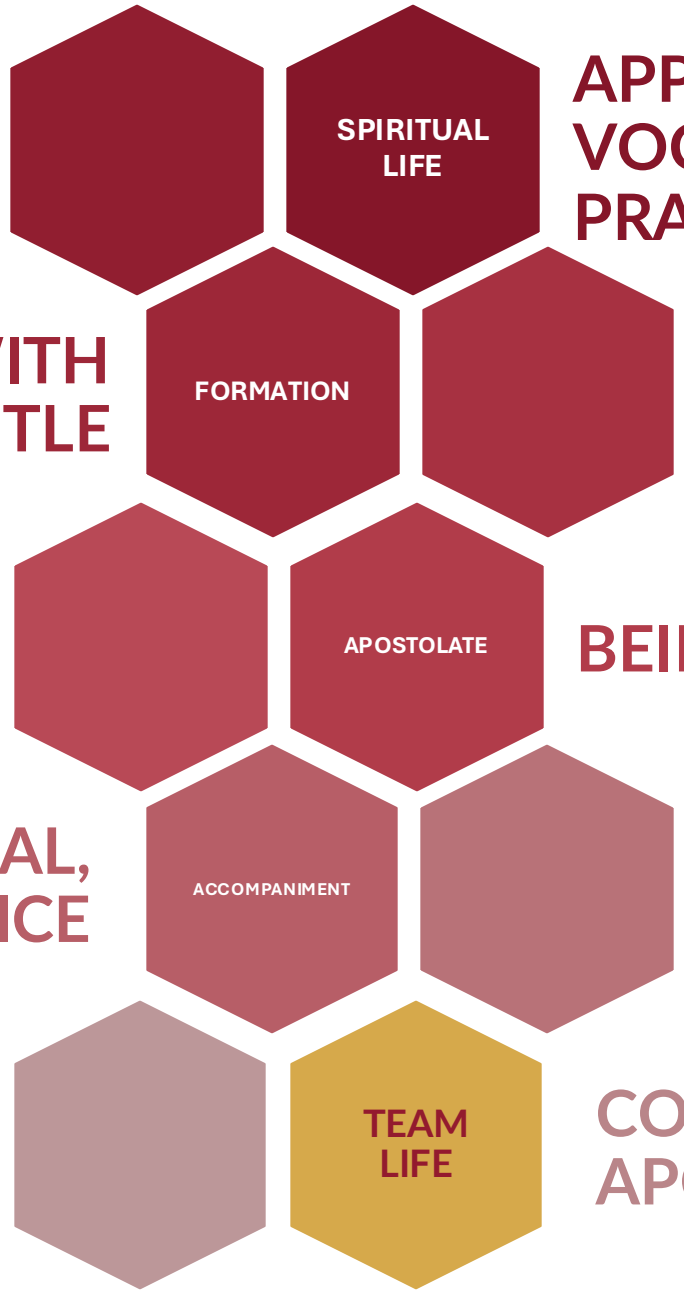
REGNUM CHRISTI LIFE

REGNUM CHRISTI LIFE

RL 2-15

CONFIGURATION WITH CHRIST THE APOSTLE

CLOSE, STABLE, PERSONAL, ATTENTION AS SELFLESS SERVICE



APPROACH, LAY VOCATION, SPIRITUAL PRACTICES

BEING NOT JUST DOING

COMMUNITY OF APOSTLES

REGNUM CHRISTI TEAM

RL 30

BY FRIENDSHIP, LIKE-MINDEDNESS OR COMMON INTERESTS

DIRECTED BY A TEAM LEADER

HOLINESS, FORMATION, AND GROWTH AS APOSTLES

ACCOMPANIMENT, FRIENDSHIP, AND ACTIVE PARTICIPATION

What is an RC Team?

- A team is ordinarily composed of RC members of the same sex and state of life, bound together by friendship, like-mindedness or common interests united in Christian fraternity. The members of the team help each other on their journey of sanctification, in their formation and in their apostolic works. A RC team follows the example of the first Christian Communities and is considered a community of apostles. The team is directed by a team leader. There can also be teams of married couples directed by one of the couples. The team is the natural setting where life in Regnum Christi grows and develops. Its size should favor adequate accompaniment, friendship among the members and active participation of everyone on the team. (RL 30 and 14)

  Purpose: Community of apostles helping each other grow in holiness and mission

- Structure: Led by team leader, part of larger section

REGNUM CHRISTI TEAM LIFE

RL 14-15

FOR LIFE IN REGNUM CHRISTI

CHRISTIAN FRATERNITY

JOURNEY OF SANCTIFICATION

CONFIGURATION WITH CHRIST THE APOSTLE

APOSTOLIC ACTION

What is RC Team Life?

- RL 14-15: The heart of team life

Key Elements:

- Fraternity - real friendship
- Accompaniment - caring for each other's growth
- Apostolic focus - shared mission
- Prayer together - encountering Christ

The Encounter with Christ

Center of team life

- Community reflection on God's Word
- Examining Christian life together
- Discerning God's call for evangelization
- Encouraging each other
- Enkindling apostolic zeal
- Not a bible study
- Not “Encounter with Christ” Team

To Fulfill our mission, we seek to make present the mystery of Christ who goes out to people, reveals the love of his heart to them, gathers them together and forms them as apostles and Christian leaders, sends then out and accompanies them as they collaborate in evangelization of people and of society.

*SRCF 8

Why Team Life Matters

- **We need community**
- **We grow together**
- **We serve together:** More effective in mission
- **We follow Christ's example**

How to Live Team Life Well

- Be committed: Regular attendance and participation
- Be vulnerable: Share honestly about your spiritual journey
- Be supportive: Care for others' growth, not just your own
  - Prayer Hotline
  - Team Hotline
- Be apostolic: Focus on mission, not just fellowship
- Be prayerful: Keep Christ at the center

Something to ponder

- Who of you are ready to start a team?
  - If not you, who in your community?
  - Bring it Home!

Workshop

- Personal Reflection (10 minutes): Think about your current RC community - whether that's a team, a leadership group, or even just the RC relationships in your life. Rate these elements (1-5 scale, 5 being best):"
- Spiritual: How central is prayer to your RC community experience?
- Team life/Community: How deep are the friendships? How well do you support each other?
- Accompaniment: How intentional are you about building friendships and checking in?
- Apostolate: How passionate is your community about apostolate?
- Formation: How strongly do you feel your RC community is growing in RC identity?
- For those trying to start teams: "Rate these elements based on what you see in your current RC relationships or what you hope to build.