EXPLANATION OF THE DYNAMIC OF WORKSHOP 2:

THE FOUNDATION OF RC TEAM LIFE

"The team is the natural setting where their life in Regnum Christi grows and develops. A team is a group of members united in Christian fraternity to help each other on their journey of sanctification, in their formation and in their apostolic work, following the example of the first Christian communities." (RL 14)

"The Encounter with Christ is the center of team life. In it, the lay members, as a community of faith, by the light of God's Word, examine their Christian life, discern what the Lord expects of them in evangelizing the reality of the world they live in, encourage each other in their following of Christ, and enkindle their apostolic zeal." (RL 15)

PERSONAL REFLECTION

20 Minutes

Personal Reflection (10 minutes): Rate your current team or community of young adults on each element (1-5 scale, 5 being best):

- Spiritual: How central is prayer to your team?
- Team life/Community: How deep are the friendships in your team? How well do members support each other?
- Accompaniment: How intentional are you about building friendships outside of Encounter or Apostolate team? How are you checking in with each member of your team?
- Apostolate: How passionate are your team members about apostolate?
- Formation: How strongly do you feel your team is growing in its RC identity?

SMALL GROUP SHARING

20 Minutes

- Which element is your team's greatest strength?
- Which element needs the most growth?
- What specific action could improve your team's weakest area or take advantage of your strength?