

Dear Regnum Christi members,

We are excited to share with you this month's video for our Meditation Series on Christ the Apostle Leader! The theme of March is Resilience as Apostle and Christian Leader and our presenter is Meredith Olson. We encourage you to watch the video with your team, take notes, and stay tuned for next month's meditation.

Resilience as Apostle and Christian Leader

Questions for Personal Reflection:

1. Do you find joy in hearing about people's lives which are heart-breakingly hard but extraordinarily fruitful? Does it give you the courage to do your part or fill you with anxiety that you are not doing enough?
2. Can you think of a personal experience when you felt not in control, felt helpless, and wanted to give up? Did you give up?
3. When you have a setback, do you ask God to show you a way forward?
4. Do you consider yourself a leader? Explain.