

## **Receiving and Giving Spiritual Direction in the Life of an Apostle and Christian Leader**

Presenter: Fr. Robert Presutti, LC

Luke 24, 13:28

Questions for Personal Reflection:

1. Do I acknowledge that through Spiritual Direction Jesus helps me to reconstruct my narrative according to the truth?
2. Am I assessing my experiences through the lens of faith, or am I attached to my own stories?
3. Do I cling to my interpretations, or am I open to discovering surprises or unexpected aspects in my life?
4. Who does the Church recommend to seek spiritual direction?

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Presenter: Charlene Alexander CRC

John 20

Rule of Life of the Lay Faithful Associated to the RC Federation #2, 3, 5

Questions for Personal Reflection:

1. What elements of Mary's encounter with Jesus reflect what spiritual direction is?
2. What struck me about what spiritual direction is and is not?
3. Who needs spiritual direction? Why and when?