Our Formation Pathway: A Regnum Christi Essay on Integral Formation and the Journey to Christian Maturity

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Overview

SUMMARY

This Study Circle Guide is only a pointer to a ready-to-go resource perfect for a practical, in-depth study about Regnum Christi's renewed vision of formation **- Our Formation Pathway: A Regnum Christi Essay on Integral Formation and the Journey to Christian Maturity.**

This Essay was designed from the beginning to be useful for individuals, small groups, and even classrooms, either for spiritual reading, personal meditation, or group study. It provides sufficient structure for effective small-group meetings but avoids an overabundance of stifling material.

It focuses on understanding Regnum Christi's renewed vision of formation and practical suggestions to help each of us take responsibility for our own formation.

The Essay explores our approach to formation. Formation isn't just something we receive from others. It's not just an activity we go to once a month. Rather, it is an ongoing journey of discovery and transformation that each one of us experiences in a very personal way. **Our Formation Pathway: A Regnum Christi Essay on Integral Formation and the Journey to Christian Maturity**, written by Fr. John Bartunek, LC, presents and explains this renewed vision of formation, preserving what was solid and valuable from our past while offering some helpful new insights that are a fruit of Regnum Christi's process of renewal.

It is divided into two main parts, with many sections within each part. Questions for discussion are included at the end of some of the sections and at the end of each part.

CATEGORIES OF INTEREST

Formation; Spiritual Growth; Regnum Christi Spirituality; Christian Maturity

RECOMMENDED NUMBER OF SESSIONS

This Essay can be used in two different ways as a Study Circle Guide.

1. All group members can read the entire Essay before the meeting and then go through the group discussion questions, taking as much time as they need to discuss it in depth.

2. The group could read together a predetermined number of sections of the Essay and then pause to discuss those sections, using generic questions like the following:
   - What struck me most in this section and why? What, if anything, did I not understand fully in this section?
   - How would I explain the main point of this section in my own words?
   - How can the main point of this section apply to me personally in my current season of life?

   In this second method, the group could proceed at a natural pace, taking as much time as necessary to read through the entire Essay. Ideally, the group facilitator would have read the entire Essay to avoid having the group get into heated discussions about topics that will be explained later in the Essay.

MATERIALS NEEDED

Everyone will need a copy of the Essay.

Optional: If you have never moderated a small group study, we recommend that you read "The Better Part Group Study Guide," published at www.SpiritualDirection.com and available there as a free download. This is a leader's guide that explains how to use *The Better Part* in a group discussion setting. It is short and provides extremely helpful hints for any small group activity.

WHO CAN PARTICIPATE?

Anyone who desires to learn more about the concept of formation within the Regnum Christi Movement. The book is entirely self-explanatory. It begins with specific references to Regnum Christi, so those would need to be explained to someone unfamiliar with the Movement.

HOW MUCH HOMEWORK?

The amount of homework will depend on the modality of study chosen. Either everyone will need to read the whole essay ahead of time, or everyone can read it together in the actual meeting, section by section.