



REGNUM CHRISTI

Guidelines for a Regnum Christi Section Director's Work Team

Always with an eye on our Regnum Christi mission "to give glory to God and make the Kingdom of Christ present in the hearts of all people and in society (SRCF #7), **the section director is entrusted with directing and developing the life of his section for the good of its members.** The section director aims to nurture the development of each member and build a vibrant community of apostles: welcoming new members, organizing the members to allow for team life and the personal accompaniment of each, forming committed and authentic Christians imbued with the Regnum Christi identity and helping them to work effectively in their apostolic activities.

Regnum Christi proposes a Christianity that is active and enthusiastic in love and a way of life that helps members live their baptismal commitments and fulfill the mission of being Christian leaven in the world. Lay members of Regnum Christi develop this way of life in their spiritual life formation, apostolate personal accompaniment and team life. ROL #2

Regnum Christi offers its lay members concrete, simple ways to live their vocation in the heart of this Spiritual Family, and to help them forge and live out their Christian and apostolic identity. The five elements of a Regnum Christi member's life: **spiritual life, apostolate, formation, accompaniment, and team life** should permeate the life of the sections and of Regnum Christi's various works and apostolic programs. The section director, with the support of a work team, aims to build an environment where these five elements are harmoniously present.

The section director is responsible for the direction and development of the section. To carry out the work of directing the section, a section director may establish a 'council' to provide him with advice and counsel on decisions. To carry out the work of developing the section, the section director may form a work team to help coordinate various aspects of section life. In past years, this work team was called the AFIRE team. Section directors are encouraged to organize and name their work team in the manner they find most helpful for the benefit of the section. The size and complexity of the section will dictate how many people are necessary on the work team and how best to allocate the various areas of responsibility for the good of its members.

Good Practices in Building a Work Team

- The section director invites people to serve on his work team. The next section director chooses his own work team.
- Clear definition of roles for each person on the work team helps foster good team work, builds trust and mutual understanding. As part of this effort, the section director should be clear on which responsibilities and authority is delegated and which he is retaining.
- Keep in mind that project or event teams can be set up outside of the work team's responsibilities.
- It can be helpful to include the chaplain on the work team as they are key formators in the section.
- The work team meets with the section director on a regular basis determined by the team for ordinary business and follow up.
- Operating with a "Team #1" mindset, whereby each member of the work team values the good of the overall section over his own particular area of responsibility, builds communion and a shared sense of mission.



Common Functions of the Section's Work Team as a Whole

- Developing the annual section program, calendar and budget.
- Regular follow-up on the fulfillment of the section program, calendar, and budget - holding one another mutually accountable to commitments and identifying areas that need support, adjusting or celebrating.
- Proactively identifying future formators (spiritual directors, section leaders, apostolate directors, team leaders) and providing formation to train and accompany them.
- Being primary communicators within the section and Regnum Christi.
- Identifying opportunities for and encouraging collaboration with the efforts of the overall locality, across areas, other sections and the local church where applicable.
- Imbuing the Regnum Christi identity and mission into every aspect of section life.
- Encouraging a culture of vocation promotion, collaborating with those working in vocation promotion locally and nationally.
- Coordinating locality and section-wide events to instill a sense of family belonging such as Christ the King, RC family picnic, etc.
- Maintaining current the database of section members and friends of Regnum Christi.

Areas of Responsibility of the Work Team

The following division of responsibilities into seven areas is offered as a possible guide for section directors building a work team. The areas below align with the five elements proper to the way of life of lay members of Regnum Christi - recognizing that a thriving section is one in which these five elements are being addressed well. Each section director takes into consideration his local situation and builds his work team accordingly.

1. Spiritual

Regnum Christi members are **contemplative** ...because we discover Christ's presence and love in our own hearts, in our neighbor and in the world. We seek to be men and women of interior life, lovers of prayer, and we recognize the primacy of God's action in our growth in holiness and in the apostolate. (SRCF 20)

Lay members of Regnum Christi understand the spiritual life as a progressive development of the Trinitarian life within them which leads to configuration with Christ... The spiritual practices recommended to lay members of Regnum Christi are means to help them grow in their relationship of love with Christ. With the help of their spiritual director they gradually learn mental prayer and how to live the other practices recommended in the Prayer Book. As a privileged means to spiritual progress it is recommended they participate yearly in spiritual exercises or a triduum of renewal. ROL #3-5

To share a spirit and a mission requires that the formation of all must take into account the characteristic features and requirements of that spirit and mission. This formation must help us discover the full meaning of our lives in Christ be configured to him and fulfill our mission. Formation should be integral and include all the dimensions of the person. (SRCF 30.1)

The Spiritual Area could attend to the following:



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- Help support team leaders and members through offering spiritual development events and activities, such as:
 - Annual spiritual exercises and triduum of renewal.
 - Monthly section retreats and monthly section Holy Hours.
 - Section prayer chain or intercessory prayer network.
 - Section participation in Christ the King and Sacred Heart Novenas.
- Help attend to the liturgical aspects of RC events, infusing within them the RC mystique.

2. Apostolate

Regnum Christi members are ... **evangelizing** because, driven by the desire of Christ to enkindle the fire of the Father's love in all hearts, we live as missionary disciples who seek to proclaim the Kingdom and bring the light of the Gospel to everyone. (SRCF 20)

At the heart of every Regnum Christi member is the desire to draw as many people as possible to Christ and accompany them to experience his love so that they will know him, love him, and imitate him in their own life. Inviting others to experience and explore Regnum Christi, flows from a personal conviction that what the charism offers is a gift to mankind and the Church.

The Apostolate Area could attend to the following:

- Help members to understand their vocation as apostles and their call to start and participate in apostolic initiatives and works, according to their possibilities.
- Help support members in their apostolic commitment by making them aware of the needs and opportunities within the section, local apostolates and institutions.
- Help promote collaboration between the section, its members and these apostolates / institutions.
- Help ensure that section apostolates are evangelizing opportunities that allow for a personal encounter with Christ and the charism of Regnum Christi.
- Help support team leaders in their efforts to encourage team apostolates.
- Help ensure the locality's safe environment and volunteer processing policies are adhered to with all section apostolate work.
- Help members to discover their particular skills, charismatic gifts and apostolic interests so to respond to apostolic opportunities as they arise.
- Help coordinate the ongoing formation of apostolate directors.

3. Formation

Lay members of Regnum Christi begin a journey of formation according to number 30 of the Statutes of the Regnum Christi Federation. This journey helps them to grow in human and Christian maturity according to their state in life, to collaborate effectively in the apostolate, and to illuminate and transform the realities of the world in Christ. Personal responsibility and the institutional formation plan (ROL #6)

The Formation area could attend to the following:

- Help support members and team leaders with their formation making them aware of the Regnum Christi resources available to them, for example, the Regnum Christi Formation Pathway, regional and national conference, etc.
- Ensure members receive formation regarding their identity as Regnum Christi members.



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- Help support team leaders to develop and implement a formation plan for their teams, including for example, study circles on Catholic doctrine, seminars on healthy ways of inviting others to Regnum Christi, etc.
- Help support members with their formation by organizing formation events and activities, such as: formation talks, conventions, etc.
- Help support the formation of formators through relevant formation offerings.

4. Accompaniment

Accompaniment is a responsibility shared by the lay member, who should seek it, and Regnum Christi, which should offer it. This accompaniment is realized especially in personal and sacramental attention, team life, and apostolic formation and follow-up. Lay members of Regnum Christi seek regular spiritual direction as a traditional means offered by the Church for spiritual growth. Through it, they learn to discern God's will and to embrace it with love. Dialogue with the team leader. Lay members of Regnum Christi are accompanied by their team leader, who through frequent dialogue helps them as a friend and brother or sister on their journey of personal and apostolic growth. (ROL #6)

The Accompaniment Area could attend to the following:

- Help coordinate the discernment process and the welcoming and orientation of new members into Regnum Christi.
- Help coordinate the ongoing formation and assignment of Spiritual Directors.
- Help create opportunities for transition of ECYD and RC young adults into adult sections.
- Help support team leaders in their responsibility to accompany their members.

5. Team Life

Lay members of Regnum Christi ordinarily form part of a team. The team is the natural setting where their life in Regnum Christi grows and develops. A team is a group of members united in Christian fraternity to help each other on their journey of sanctification, in their formation and in their apostolic work, following the example of the first Christian communities. Teams, as communities of apostles, can be organized in various ways according to the concrete circumstances of each locality of the Federation. (SRCF #14)

In larger sections, the Team Life area would ordinarily be handled by the Group Leader(s). In general, it could attend to the following:

- Help coordinate the ongoing formation of Team Leaders.
- Help team leaders, providing personal attention and support their efforts to serve as effective team leaders.
- Help identify potential new teams leaders and provide them with orientation to their role.

6. Administration

Although Regnum Christi's purposes are fundamentally spiritual and religious, it is still an institution situated in time. It needs to align itself with corporate, legal and financial realities of a non-profit organization.

Regnum Christi needs material means to develop and grow to serve the Church. Each member should be concerned about generating these material resources. Regnum Christi does not wish to acquire economic strength for itself. Nevertheless, it needs generous and consistent economic support from its



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members to respond to the inspiration of the Holy Spirit and provide for the formation and care of all her members, priests, consecrated and lay members. In this way, it will be able to accomplish its fundamental mission of making present the mystery of Christ and his Kingdom to all men and women.

The Administration area could attend to the following:

- Help members to live a spirit of generosity and Christian stewardship by making them aware of the financial needs and opportunities to donate to the section, locality and territory.
- Help the section to collect and process donations.
- Help maintain the section's financial records.
- Help ensure the locality's financial policies are adhered to within the section.
- Help section leaders and event coordinators to address the financial considerations of their work.
- Help coordinate budgeting and fundraising across sections and within the locality.
- Help section leaders to identify opportunities to raise funds.

7. Communications

The Communications area could attend to the following:

- Help communicate the identity and mission of Regnum Christi through various media in a collaborative way.
- Help keep members informed through effective communication, for example, website, town hall meetings, Facebook, section newsletter, etc. Help event coordinators to promote activities and events.
- Help members to be aware of local, regional and national communication resources and publications.
- Help the section build a consistent and professional image, adhering to the RC style guide in its communications.