

Adult ECYD Mentors Formation Pathway

Formation Pathway

Description

The ECYD Mentors Formation Pathway is the overarching essential elements and pathway of formation and accompaniment that ECYD adult mentors walk along as they develop integrally and professionally in their specific roles as ECYD mentors. The image of a pathway visualizes gradual growth and development enabling the adult mentor to live out their RC vocational call to the fullest as adult mentors of ECYD adolescents and a path of specialization in their personal mission. The pathway provides a framework of formation and accompaniment through the description of the ECYD Mentor and the Core Competencies, offering some seminars/courses/resources, and a corresponding one-on-one apostolic mentoring program.

Objective

Meet the mentor where they are at, develop them in their roles in the form of accompaniment and formation according to the competencies, and bring them to their fullest potential.

Goal

Every adult mentor lives out their RC vocational call to the fullest as adult mentors of ECYD adolescents.

Premises

- The Pathway corresponds to the identity and mission of a RC member serving in ECYD. The Regnum Christi charism informs all of the path, elements, competencies, activities and courses. (Cf. Appendix 4 of the ECYD Statutes and the RC Formation Pathway Summary). This area of specialization within the RC Formation Pathway presupposes the previous phases of formation (initial formation and core formation of an RC member, and is part of the ongoing and specialized formation).
- Formation in ECYD is understood as a series of encounters, a gradual path, and the final goal is to be conformed to the image of Christ, the model of every mentor (Cf. ECYD Statutes #25 and #32 and Appendix 4)
- Formation takes place through life and some of it happens indirectly and organically (Cf. Appendix 4 of the ECYD Statutes and the RC Formation Pathway Summary). Even systematic formation interplays with the other elements of ECYD/RC Life.
- The Formation Pathway offers the essential elements that then need to be adapted and implemented responding to needs and possibilities of each person, time and place (Cf. RC Formation Pathway Summary). Therefore, it is encouraged to use not only ECYD/RC Produced resources, materials, courses, or events but also to find other resources that help the growth in all of the areas of competency.

Accompaniment

What: Accompaniment is personalized attention to the mentors to be the best version of themselves in the mission (Cf. RC Federation Statutes #35). There are many means of accompaniment including but not limited to:

1. Formal Apostolic Mentoring Sessions
2. Accompaniment in a local event – *in sitio*
3. Accompaniment in a meeting
4. Accompaniment with a task

Objectives:

1. Deepen in and discover the beauty and transcendence of the mission of an ECYD Mentor to live it to the full
2. Integrate all the elements of the formation pathway
3. Interiorize and develop the core competencies of an ECYD Mentor
4. Respond to the specific needs and personality of each mentor in the effective and affective assimilation and living of their mission as an ECYD Mentor
5. Project himself/herself in ECYD

Formal Apostolic Mentoring:

Each ECYD mentor chooses who their mentor will be to walk with them along the path of growth as a mentor. The ECYD Life Department has a team of trained mentors. There are four initial sessions that all ECYD mentors will have when they begin this process regardless of where they are at in the formation pathway and development of their competencies. Then each person will develop with their mentor a personalized plan of growth and professional development in their role and in the competencies. Depending on the different knowledge and skills to be focused on, the mentor will establish the different corresponding mentoring sessions.

Within the first years as an ECYD Mentor it is suggested to have a monthly session with the mentor of 45 minutes to an hour. Each session consists of a conversation around a specific theme, offers thought provoking questions or an exercise for discussion, and tools, exercises and readings for further growth and development.

Accompaniment in the role of being an adult ECYD mentor complements the other forms of personal attention i.e. Spiritual Direction, Regular meetings with the head of apostolate etc.

Phases of the Formation Pathway

ECYD Beginners

The Primary Objective of this initial phase is to lay the groundwork for a solid and fruitful development as an ECYD mentor.

Duration: Approximately year 1-3 as an ECYD Mentor.

Objectives:

1. Deepen in the charism of Regnum Christi lived by the adolescent.
2. Introduce the profile and core competencies of an ECYD mentor.
3. Accompaniment focuses on self-discovery within the mission as a mentor in ECYD within current reality and locality.

ECYD Intermediate

The primary objective of this phase is to lay a solid foundation for a lifetime of growth and apostolic fruitfulness within the mission as an ECYD mentor and to fill in any gaps.

Duration: Approximately year 4-9 as an ECYD Mentor.

Objectives:

1. Proficiency in the ECYD Formative Style.
2. Familiarity with adolescent psychology and development.
3. Growth in the core competencies.

4. Accompaniment focuses on discovery of the ECYD adolescent, the growth and projection of ECYD within current reality and locality, and the discernment of the specialization within the path of ECYD.

ECYD Pro

The primary objective of this phase is ongoing formation and development to live one's mission as ECYD Mentor to the full attaining to "the full stature of Christ" and bearing for the Church apostolic "fruit that will last."

Duration: Approximately 10+ years as an ECYD Mentor

Objectives:

1. Ongoing development in the core competencies.
2. Expert in the adolescent today.
3. Specialization within the path of ECYD.
4. Accompaniment focuses on specialization at the service of the Kingdom.

Who is the ECYD Adult Mentor?

The ECYD Adult Mentor is a Regnum Christi member who lives out the charism in a special way as a "formator" to ECYD adolescents. Mentors make present the mystery of Christ who goes out to adolescents and encounters them where they are, reveals the love of His heart to them, gathers them, forms them as apostles and Christian leaders, sends them out on mission of evangelization and accompanies them along the way (Cf. Statutes of the Regnum Christi Federation #8).

"An ECYD mentor is one who, under the guidance of the Holy Spirit, forms and accompanies ECYD Adolescents in their development towards human and Christian maturity. Their mission is to help ECYD Adolescents experience the love of Christ, the only one who can transform and give full meaning to their lives, so that they become his friends and apostles at the service of the Church. In order to fulfill their mission, the ECYD Mentor should know and love Jesus Christ; be a clear witness of Christian life, a demanding guide and companion; know the adolescent and adolescent psychology; and, above all, see each one from the Heart of Christ. Christ is the model for every mentor. Ordinarily, ECYD mentors are Legionaries of Christ, consecrated members of Regnum Christi, or lay members Regnum Christi." (#32 ECYD Statutes)

Who is the ECYD Director?

"The ECYD Director is an adult Regnum Christi member, whose mission is to foster ECYD's development in a locality in accordance with its identity and mission. Their principle function is to form ECYD Mentors especially the team leaders. They should have the capacity to plan and project ECYD and evangelize in communion with the other sections and apostolates of the Movement, and local Church." (#34 of the ECYD Statutes)

Who is the ECYD Leadership Team?

"The ECYD Directive Team is comprised of adult mentors and those who habitually carry out supporting roles in ECYD. All of them share with the ECYD Director the common task of driving the life and mission of ECYD. The appointment of consecrated personnel to be part of the directive team pertains to the competent authority of Regnum Christi. The appointment of lay members who collaborate on the directive team pertains to the ECYD Director." (#35 of the ECYD Statutes)

Core Competencies of the ECYD Mentor

1. ECYD: RC Charism lived by adolescents;
2. Making Present the mystery of Christ who goes out to the adolescent of today and encounters them where they are – **Adolescent, Encounter, Relational**; (Apostolic principles of person to person and adapting to time and place)
3. Making present the mystery of Christ who Reveals the love of His heart – **The Gaze**;
4. Making present the mystery of Christ who gathers adolescents (**Community/ Team and Team work**);
5. Forms Adolescents as Apostles, Christian Leaders (**Formation of Formators and Leadership**);
6. Sends adolescents out on **Mission of Evangelization** (Depth and Scope, **Empowering**);
7. Accompanies adolescents as they are sent on their mission of evangelization (**Accompaniment**);
8. Serves the mission of their apostolate in an organized an effective way.

Suggested Courses

Beginner (0-3 years)

ECYD STATUTES, BASIC ADMIN, UNDERSTANDING REALITY/LOCALITY, ECYD PROGRAMS

1. ECYD Identity
2. ECYD Spirituality
3. ECYD Life
4. ECYD Formation
5. ECYD Accompaniment
6. ECYD Team Life
7. ECYD Prayer and Sacramental Life
8. ECYD Apostolate
9. ECYD Programs: Challenge and Conquest
10. ECYD Directive Team
11. Administration Basics

Intermediate (3-9 years)

GROWTH/PROJECTION, MANAGEMENT, ADOLESCENT DEVELOPMENT

12. ECYD Formative Style/Approach
13. ECYD Team Life: Group Dynamics
14. Admin Part II – Management Skills
15. One-on-One Spiritual Mentoring Part I, II and III
16. Growth/Projection
17. ECYD Missionaries
18. Adolescent Psychology
19. Training and Guiding the Team Leader
20. Facilitating the Transition – ECYD to Regnum Christi

Professional (10+ years)

AREAS OF SPECIALIZATION, NUMBER OF HOURS OF ONGOING PROFESSIONAL DEVELOPMENT

1. Business Administration
2. Advanced Adolescent Psychology

3. Temperaments of Adolescent and Their Spiritual Life

Mentoring Sessions

ECYD Beginners:

1. Session 1: Motivation – What moves me to work/serve in ECYD?
2. Session 2: Self-Knowledge – How do I see myself? How do others see me? How do the adolescents see me? –
360 Feedback and SWOT Activity
3. Session 3: